

July Menu



Falafel, Hummus, Pita & Pickles £8.50

Carrot, red onion & preserved lemon falafels, creamy homemade hummus, house pickles & our turmeric & onion seed pitta

Smoked Mackerel Pate £9.00

Lowestoft smoked mackerel pate with homemade toasted homemade bread & dressed salad leaves

Prawn Cocktail Flatbread £9.50

Atlantic prawns bound in our own Marie rose sauce with dressed salad leaves, crispy kale and dried siracha powder

Homemade Gnocchi £8.50

Classic potato gnocchi with basil & hazelnut pesto, dressed leaves and pickled veggies

Mains

Classic Neapolitan Style Pizza £12.50/£9.50

Homemade & hand stretched dough baked in our pizza oven with a classic San Marzano tomato & basil sauce, fior di latte mozzarella finished with basil & hazelnut pesto – Add olives, smoked ham or nduja £2.00

Harissa Chicken, Pitta £18.50

Char-grilled chicken supreme marinated in harissa, oregano & yoghurt with homemade pita bread, hummus, dressed garden salad & house pickles

Chicken & Rice Bowl £16.50/£12.00

Korean style crispy fried chicken, tossed in our own hot sauce with sesame & onion seeds. Served with fried basmati rice seasonal veggies, garlic, ginger and homemade sriracha, crispy greens & sweet-pickled veggies

The Red Baron Burger £14.50/£11.00

Double stacked homemade & char-grilled minced steak beef patties topped with Baron Bigod Bungay Brie & our own red kraut, served in a soft bun topped with homemade tartar sauce, dressed leaves & house pickles

Homemade Tofu & Haloumi Flatbread £15.00

Norwich made Maple smoked tofu and fried haloumi with dressed salad leaves, house pickled veggies, hummus & tahini dressing on our turmeric & onion seed flatbread with red onion & carrot pakora

Kiln Roast Salmon Salad & New Potatoes £18.50

Fillet of 'hot-smoked' salmon with buttered & herbed new potatoes, dressed garden salad, homemade mayonnaise & our own red kraut

Ham, Eggs & Chips £15.00/£10.50

Clarks of Bramfield smoked ham with two free range eggs, our homemade skin-on-chips & homemade red pepper ketchup

Pulse Power Veggie Burger £14.50/£11.50

Deep-fried yellow pea, carrot & red onion falafel patty topped with gruyere, homemade sweet chilli sauce, crispy salad and sweet pickles in a soft milk bun

Fish, Chips & Mushy Peas £18.50/£14.50

Deep-fried haddock in a light beer batter with our homemade skin on chips, mushy peas, tartare sauce and red pepper ketchup.

Snacks & Sides

Skin-on-chips £3.75/£5.00

Halloumi Fries £5.50

Dressed Salad Leaves £6.50

Homemade Hummus & Bread £5.50

Olives £4.50

Homemade bread & butter £3.50

Homemade Sweet Things £8.50

Apple & rhubarb teacup crumble & cardamom custard
Spiced poached pear, toasted almonds & blackcurrant sorbet

Lemon posset with homemade shortbread

Classic Affogato £5.00

Individual pots of Norfolk made Ice Cream £4.50